

HEARTBEAT COMMITTEE

President (Life)	John Cuckow	
Hon Vice-President	Len Tate	23 Sycamore Way, Brantham, Manningtree CO11 1TL (01206) 393292 e-mail: len.Tate@hotmail.com
Chairman	Tony Hawes	18 Cambridge Road, Kesgrave, Ipswich IP5 1EW (01473) 610212 email: hawes483@btinternet.com
Vice-Chairman	Keith Cockrill	21 Newby Drive, Rushmere St Andrew, Ipswich IP4 5UY (01473) 271958 e-mail: keith.cockrill@btinternet.com
Secretary	Tessa Hawes	18 Cambridge Road, Kesgrave, Ipswich IP5 1EW (01473) 610212e-mail: hawes483@btinternet.com
Treasurer	Michael Farthing	6 Medway Road, Ipswich IP3 0QJ (01473) 714431 e-mail:- michaelfarthing@talktalk.net
Assistant Treasurer (Co-opted)	Norma Farthing	As above
	John Biggs	48 Mildmay Road, Ipswich IP3 9PG (01473) 710596 e-mail : J.BIGGS1@sky.com
	Sarah Cooper	46 Kemball Street, Ipswich IP4 5EB
	Michael Fudger	35 St Augustine Gardens, Ipswich IP3 8NS (01473) 434389 e-mail:- mick.fudger@sky.com
	Colin Hammond	35 Wallers Grove, Ipswich IP2 0LN (01473) 403694 e-mail :- colin637hammond@btinternet.com
	Janet Hannatt	3 Farlingayes, Woodbridge IP12 1HF (01394) 387487 e-mail: janethannatt357@btinternet.com
	Terry & Jenny Harrall	39 Jupiter Road, Ipswich IP4 4NT (01473) 725756 e-mail: terence.harrall@sky.com
	Karen Hughes	21 Halifax Road, Ipswich IP2 8RE (01473) 602093 e-mail: Karen.Hughes6@btopenworld.com
	Ross Taylor	32 Low Road, Debenham, Suffolk IP14 6QU (01728) 860412 e-mail: Rsr.Taylor@btopenworld.com
	Ted Woods	12 Dorchester Road, Ipswich IP3 8RQ (01473) 723357
Membership Secretary	Tessa Hawes	18 Cambridge Road, Kesgrave, Ipswich IP5 1EW (01473) 610212 e-mail: hawes483@btinternet.com
Ex Officio	Nicola Culley	Ipswich Hospital

CONTACTS

Cardiac Ward Visit Co-Ordinator.....	Len Tate	(01206) 393292
Defibrillator/CPR Training.....	Karen Hughes	(01473) 602093
Editor of Pulse.....	Carol Nunn (from November on)	(01473) 253766
Exercise and Swimming.....	Len Tate	(01206) 393292
Heartbeat/Hospital/Liaison.....	Len Tate	(01206) 393292
Hospital/Heartbeat Liaison.....	Sarah Cooper	IPSWICH HOSPITAL
Line Dancing.....	Tessa Hawes	(01473) 610212
Meeting Steward.....	Terry Harrall	(01473) 725756
Speaker Bookings (for meetings)	Jenny Harrall	(01473) 725756
Supermarket Collections.....	Colin Hammond	(01473) 403694
Transport.....	Keith Cockrill	(01473) 271958
Travel.....	David & Doreen Robinson	(01473) 402429
Walks Co-Ordinator.....	Tony Freeman	(01473) 461747
Web Page.....	Keith Cockrill	(01473) 271958
10 Pin Bowling.....	Margaret Cockrill	(01473) 271958
Heartbeat Membership Secretary	Tessa Hawes 18 Cambridge Road, Kesgrave, Ipswich IP5 1EW	(01473) 610212

HELPLINE NUMBER

Heartbeat Chatline..... (01206) 393292

Heartbeat is Affiliated to the British Heart Foundation & Arrhythmia Alliance—The Heart Rhythm Charity